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SPIRITUAL DEVELOPMENT IN FAMILY MANAGEMENT

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**SPECIAL ISSUE FROM THE DEPARTMENT OF FUNDAMENTAL
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Selected Papers from annual symposium on Scholarship Advancement
Programme (SAP) on the 5th of August 2021.

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FOREWORD: A SPECIAL ISSUE FROM THE DEPARTMENT OF FUNDAMENTAL AND INTER-DISCIPLINARY STUDIES (FIDS), AHAS KIRKHS, IN COLLABORATION WITH AL-HIKMAH: INTERNATIONAL JOURNAL OF ISLAMIC STUDIES AND HUMAN SCIENCES

Following the directive from the AHAS Kulliyyah of IRKHS, the Department of Fundamental and Inter-Disciplinary Studies held its annual symposium on Scholarship Advancement Programme (SAP) on the 5th of August 2021. The one-day programme was an intervention to advance the development of scholarship among academics in AHAS KIRKHS. Its focus was to accelerate knowledge generation and dissemination by providing a conducive avenue for all academics to write, present, and publish their scholarly work in an academic journal. Since 2019, papers presented at the SAP symposiums have been published individually by staff at the FIDS. In 2022, FIDS has taken the initiative to publish selected papers as a special issue in collaboration with the Journal of Al-Hikmah.

This special issue contains eleven articles, nine in English and two in Arabic, which were presented at SAP 2021. This collection of SAP papers comes under the themes of Islam, Philosophy and Spiritual development. Most if not all articles selected for publication go in tandem with the scope and requirement of Al-Hikmah Journal. Among the areas touched by the authors are on Islamic religious teaching and learning activities, and Islamic movement in the region.

We hope this special issue would provide a kind of poignant magnetism that would touch the readers' interest as most of the papers highlighted the supremacy of knowledge and the significance of the role of spirituality. The concept of papers emerged from the thought that different scholars from diverse Asian countries would offer their respective experiences, historical facts and cultural heritage that would provide the highest level of satisfaction to the readers.



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Spiritual Development in Family Management

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Abstract

In Islam, spirituality means worshipping God, seeking the satisfaction of God, awareness of the origin of the universe, humility, submission, and trust, which man demonstrates in all of his actions. In this way, an individual's oath to Allah is the focal point of Islamic spirituality. When discussing the role of spirituality in touching the unending episode of happiness in this world and the next world, the nature of spirituality continues to develop beyond one's imagination. The word "spiritual" comes from the Latin word "spiritus," indicating breath, an essential element of human life. Without breathing, there is no life; therefore, every aspect of living, in essence, is related to the realm of the spiritual. Spirituality is also essential in human life experiences through the physical and mental senses, which are difficult to express in ordinary language. They have something to do with deep knowledge, dealing with living and non-living things and the metaphysical. Searching for a true sense of spirituality could show a path to self-identity that can answer who we are, where we come from, and our destination.

This paper discusses the significance of the development of spirituality, starting from an individual to the family and society. It provides methods of developing spirituality, the nature of the development of spiritual values, training the children with the inculcation of religious teachings, and a comparison of spiritual values in Islamic and western practices. This research applies the descriptive-analytical method. It attempts to illustrate the significance of applying spirituality in the family and society at large as a catalyst towards the prosperity of this world and the next.

Keywords: Spirituality, Humanistic Values, religion, religiosity, meditation, enlightenment.

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Abstrak

Dalam agama Islam, kerohanian bermaksud menyembah dan mencari keredhaan Tuhan, kesedaran tentang asal usul alam semesta, merendah diri, patuh dan amanah. Sifat-sifat yang dinyatakan ini semestinya perlu ditunjukkan oleh manusia dalam semua tindakan mereka sebagai hamba kepada Allah SWT. Perkara ini secara tidak langsung, dapat memberikan titik fokus kerohanian Islam dalam diri seseorang individu dalam melaksanakan amanah dan ibadat kepada Allah SWT. Apabila membincangkan soal kerohanian, semestinya hal ini akan membantu dan mendorong manusia untuk memperoleh kebahagiaan yang tidak terbatas di dunia dan juga di akhirat. Seterusnya, sifat kerohanian ini akan terus berkembang di luar imaginasi seseorang. Isu kerohanian ini tidak mudah ditafsirkan disebabkan oleh fikiran manusia yang terbatas, maka ianya adalah perkara yang berada di luar jangkaan manusia. Perkataan "rohani" berasal dari perkataan Latin "spiritus," yang bererti nafas, iaitu merupakan salah satu elemen penting dalam kehidupan manusia. Manusia perlu bernafas untuk terus hidup, maka dengan itu, setiap aspek kehidupan, pada dasarnya, adalah berkaitan dengan alam rohani. Kerohanian juga penting dalam pengalaman hidup manusia melalui deria fizikal dan mental, yang sukar untuk diungkapkan dalam bahasa biasa. Perkara ini lazimnya, berkait dengan pengetahuan yang mendalam, berurusan dengan hidupan dan benda bukan hidup dan metafizik. Dengan mencari maksud kerohanian yang sebenar boleh memberikan petunjuk kepada sesiapa sahaja, mengenai siapa kita, dari mana asal kita dan hala tuju hidup kita. Kertas kerja ini membincangkan kepentingan memperoleh kerohanian, yang bermula daripada individu, keluarga dan masyarakat. Hal ini dapat membantu masyarakat untuk memperoleh pelbagai kaedah dalam membangunkan sifat kerohanian dalam diri, seperti melatih anak-anak dari kecil dengan penerapan ajaran agama, dan melakukan perbandingan antara kerohanian dalam amalan Islam dan barat. Penyelidikan ini menggunakan kaedah deskriptif analitikal. Iaitu untuk menggambarkan kepentingan penerapan kerohanian dalam keluarga dan masyarakat secara amnya, sebagai pemangkin ke arah kemakmuran hidup di dunia dan di akhirat.

INTRODUCTION

Islam is an all-inclusive and comprehensive religion that reveals the entire aspects of an individual's life. A Muslim's life in this world and hereafter is guided by the principles of Qur'an and Prophetic advice, which helps a person to develop spirituality. The development of spirituality involves the physical and spiritual or mental development of human beings. Islamic way of life encapsulates a comprehensive way and means to attain spirituality. It includes performances of prayers, remembrance of Allah, recitation of Al Quran, fasting activities, acts of charity, observation of morality and practising ethical values, engaging in volunteerism, etc.

Spirituality is a broad concept. Mal Leicester et al. allude to one's soul and inner self, including faith, religion, rites and rituals, calmness through meditation and yoga, inspiration, aspiration, and intellectual capacity where a man can attain a universal human experience. Spirituality is also a part of human philosophy, psychology, art, and knowledge. The human spirit is a social construct representing the qualities of purpose and meaning which transcend the individual human. The spiritual perspectives are quite complex, emphasizing intellectual, cognitive, ethical, emotional, behavioural, and communication skills in human relationships. (Leicester, 2000)

Spirituality reflects the development of personal beliefs that may be religious; a sense of awe, wonder, and mystery; experiencing feelings of transcendence; a search for meaning and purpose; self-knowledge; recognizing the worth of individuals and structure of relationships with others, expressing one's innermost thoughts through the arts and exercising the imagination; feelings and emotions; a sense of being moved.

Some mystics can discover the reality of true and false, life and death, health and suffering, beauty and ugliness, and evil and goodness in one life through? (Should not there be criteria and guidance – al-Furqan & Hudaa?.) Indeed, spirituality can open up a way for humans to walk their way of life which is full of challenges. It provides guides to humanity, and family members can take spiritual benefits to make their family life better, particularly maintaining and nurturing their children's happiness, care, and prosperity. In the development to build a healthy family, spiritual guides are the needs of children in care, love, security, reflection, praise, and responsibility (Leicester, 2000). We will further dig out ways and means for developing spirituality in ourselves by observing the guidance of the Quran and Hadiths of The Prophet (saw)Muhammd, (saw).

SIGNS OF SPIRITUAL DEVELOPMENT

Spirituality can bring a positive charge in a family to build a healthy and functional institution that can repulse pain and horrible feelings from their children. When spirituality develops the views and opinions of the member, they get changed positively. The children will progressively develop

their way of thinking based on spiritual guides and thus become more mature. They start thinking deeply about the worthiness or unworthiness of everything. When they are introduced to Islam, they will accept it with their rational thinking, for example, when Allah said:

"O you who have believed, eat from the good things which We have provided for you..." (Al-Baqarah: 172)

they would be certainly thankful to Allah, for they receive the best advice of eating good food and eat the food which is of our own and not from others meaning they need to work for their own earning. This is a profound idea of self-sustaining conception and living in a healthy style. This kind of effective Islamic nurturing would convince the youngsters to go closer to Allah SWT.

Another example is the fact that the companions of The Prophet (saw) Muhammad (pbuh); who loved him more than they loved their parents, their own selves and their properties. They were always ready to sacrifice Islam. This selfless commitment was developed from their internalization of what The Prophet (saw) said:

"None of you becomes a true believer until he likes for his brother what he likes for himself". (Kitabul Iman: 12)

Internalizing these words makes us understand the value of humility, intellectual capacity, and empathy for others, thus highlighting the superiority of spirituality, making people acceptable, reliable, and trusted in society.

HOW TO INSTILL SPIRITUALITY?

Human beings are spiritual beings and can fully embrace their spirituality. The pursuit of spirituality is a process of gaining wisdom. One can become mentally alert and emotionally beneficial to oneself and members around at home and the society. Spirituality is received through meditation practice (prayers and acts of remembrance of God?), engaging with faith, good works, applying values, and respecting every living and non-living thing. (Lari, 1997)

Personality development

Spirituality is solely connected to personal development, which has the potentials to enlighten a person's personality. A good personality determines one's real worth and station. Spirituality grows through meditation, the most extraordinarily powerful means of changing one's life for the better. It teaches us to still the mind, control wavering thoughts, a refuge from domestic instability, and make room for clarity that allows the intuitive wisdom and intuition within us to arise. It helps human beings connect with nature to create their spirit; thus, affiliation with nature is vital in personal development. Nature can quiet people's minds, open people's hearts and invite ease into our bodies. We will feel the living connection with life all around us, giving us the capacity, to begin with, something much bigger than ourselves. (Lari, 1997)

Meditation

Muslims can be engaged with Islamic meditation (Dhikru'llāh), apart from daily Muslim's activities. Zikrullah is firmly connected to the Islamic faith, individual loyalty to and total conviction to Allah. A Muslim worship Allah alone with full trust without being absent - bodily and spiritually - even for a single day. Interaction with God daily will grow a tendency to permit our bodies to stay in submission to Allah. It can revitalize our mind with the hope that Allah will bestow upon us His blessings, worldly and spiritually. (Renssen, 2003)

Religious Services

Seeking spiritual growth through attending religious services would certainly transform the life of a Muslim to a certain extent. Most Muslims' religious services and activities are done in mosque. Mosques commonly serve as locations for prayers, a community centre, e.g. lectures, study groups, funeral prayers, Tasawwuf activities, wedding ceremonies, al-mand. Mosques are particularly active on Fridays for the congregational prayer and during Ramadan for the nightly prayers. Engaging at mosques' services grows spirituality in us. In addition, we learn how to interact with each other while showing values such as love and kindness, making us united and respecting each other. (Maudoodi, 2014)

Spirituality and prayer

Congregational prayer is so important that no one can deny it. However, we can do voluntary prayer at home or in a quiet place, where our devotion

towards Allah is increased. Especially night time prayer "Tahajjud" as Prophet said:

"Every believer should pray at night, even if only as long as it would take to milk an ewe." (Sahih Muslim)

Muslims believe they can be closer to Allah when they pray, and it is time they are with him. In him, they find stability, security, and spirituality, where Allah said:

"You are the best community that has been raised for humanity: You enjoin what is right and forbid what is wrong, and you believe in Allah..." and

"Those who repent, who worship, who praise, who fast, who bow down, who prostrate, who enjoin good and forbid evil, and who observe the limits set by Allah" and

"The believing men and women are allies of one another. They enjoin what is right and forbid what is wrong and establish prayer and give zakāh and obey Allah and His Messenger," (Surah Al Imran, 3:110)

We need to pray tahajjud for our spiritual status which would contribute to the development of the social and political status of the Ummah. Our spiritual status is so dependent on tahajjud that early 'ulamā' would say that a person becomes a friend of God only with their tahajjud—or their night prayers, meaning night prayers are required to attain this status.

Spirituality is grown by reading the Holy Quran

Al-Qur'an is a book of guidance and a sea of knowledge for those who take inspiration from it. Allah's word revealed to The Prophet (saw) Muhammad contains historical parables, jurisprudential information, honest advice, and values we need to instil in our lives. Allah states,

"There is no doubt that this book is a guide for the pious." (Surah Al Baqarah 2:2)

It provides us with spiritual insights and advice on how to live our lives due to the values it stresses, such as patience, generosity, and caring for others. As Allah SWT said in the Holy Quran:

“To whoever, male or female, does good deeds and has faith, We shall give a good life and reward them according to the best of their actions.” (Surah, an Nahal, 16: 97)

Nevertheless, as much as we read the Qur’an and memorize its verses, we should, more than anything else, make diligent efforts to understand it, and internalize and apply its teachings. The Prophet (saw)said those who learn the Qur’an and teach back to the people are the best people on earth, and recitation of the Qur’an sharpens the reader's memory and makes him spiritually alerted. (Al Bukhari: 545)

Charity and Spirituality

When charity is given, it increases our spirituality while widening our hearts with love and kindness to people. Charity is a sincere gift as evidence of obedience to Allah SWT. Charity is given, not forced. It is born of the heart to give based on one's ability. Prophet Muhammad (ﷺ) said,

"You get rid of rocks, thorns, and bones from the middle of the road is a gift to you." (Jami` at-Tirmidhi)

Allah gives many rewards to those who love to give. It can eliminate all past sins and mistakes; as The Prophet (saw)Muhammad (saw) said,

The Messenger of Allah (may the peace and blessings of Allah be upon him) said, "Protect yourself from Hell-fire even by giving a piece of date as charity." (Al Bukhari)

Nevertheless, we must remember that when we give charity, it should not be known to others that we give to avoid being proud among our poor brothers.

"One who gives in charity with his right hand, and then he conceals his deeds until his left hand does not know what his right hand gives." (Mishkatul Masabih)

We also can get a double reward as Allah says:

"The example of those who spend their wealth in the way of Allah is like a seed [of grain] which grows seven spikes, and each one has a hundred

grains. Furthermore, Allah multiplies [His reward] whom He wills. Moreover, Allah is all-Encompassing and Knowing." (Surah al-Baqarah, 2:261)

Volunteerism and Spirituality

Volunteerism means a person who freely offers to participate in an enterprise or community that helps develop society and be the volunteer himself—for example, fundraising for the homeless, shelter for orphans, nursing homes, etc. Moreover, being a tutor can help poor students who cannot afford tuition fees, and medical students can help poor villagers in remote rural areas. Volunteerism is like charity; one provides his labour instead of cash and kind; he gives what he can do with his skill and efficiency. One can grow empathy and happiness by making him grow peace and tranquility, which is the foundation of spirituality. (Eisenberg, 1990)

Growing Empathy is the foundation of Spirituality

Empathy is the capacity to feel and share people's feelings and emotions. Empathy is key to building good relationships and coexisting peacefully with others. Some people are born with a natural capability to empathize, while others find it harder to relate to other people. Empathy may seem like an inherent quality; it can be developed by practising or staying with those involved in society. To develop our empathy, we must pay attention to others. Attend to them and do your best to understand how they feel. We can do this for people in our immediate vicinity and people we read about in the paper. Moreover, we must listen very carefully when are in conversation. Do not just nod and answer. Instead, give us feedback on what is being said and take it seriously. Other than that, we can get to know new people. Make friendly conversations with strangers and understand what goes on in their heads, what makes them happy, and what troubles them. (Krzmaric, 2014)

Parents' attention

Specific attention from parents in early childhood indicates a positive change in the community's children. Children raised in environments that encourage a rich and thoughtful spiritual life tend to be happier, more optimistic, more successful, more flexible, and highly equipped with the knowledge to cope with the struggles feasible to face in our life. A first-hand spiritual background might play a crucial role in precaution once it involves risks and temptations common among children. Parents play an

important role in helping children to develop spirituality. In a normal life course, individuals with families receive early education from their parents. Education at that level touches on matters of religious, spiritual and moral values. If we show a good example and a good side in front of children, they like watching adult behaviour to follow our steps and vice versa. To make children follow our steps, we must provide an attitude of trust with children. The first stage of emotional development in a child is trust. Children develop and grow at a fast rate and need to learn to trust their own families. Developing a strong bond of trust with a child will make them trust others as they mature. (Ambert, 2014)

Play with your children

Playing activities with toddlers can encourage their spiritual growth. The spiritual developmental process is growing rapidly in children at an early age. Babies are born like a white cloth, so we must know how to develop our children's spirituality early as a parent. Read Prophets' stories, play with them, and talk about Allah daily. As you fill their impressionable imaginations with mentions of Allah, they will see Allah as important and will readily accept how important He is to Muslims. Lastly, we can plant seeds of wisdom in a child at a young age. True wisdom comes only from Allah. Allow Allah to be our source of wisdom, and do not hesitate to share His wisdom with children. The Qur'an will prompt and guide us throughout our days when to impart wisdom to our child. View every opportunity daily as a teachable moment designed by Allah to plant a seed of love, joy, peace, kindness, honesty, truthfulness, gentleness, and self-control. (Ambert, 2014)

Importance of Discipline

Parents must support their children with discipline and love to build a healthy family for loving and supportive families. Discipline is a method that aims to train and ensure that every individual meets the rules. In educating our children's spiritual development, the most effective way is to immerse them in love. It is a more positive and parenting skill that parents need to have now. Disciplining children with love is a better way than mocking, cringing and violence as it creates a peaceful environment for children to develop spiritually. Children who know their parents love and care for themselves are trying hard to please their parents too. Other than that, parents must pay attention to children. In this era of globalization,

technology is becoming faster, where everything that happens in one place or another country is instantly recognizable within seconds. Specifically, parents need to be aware of their children and the lives they lead, including the ability of children to distinguish between good and bad and maintain their true stand. (Ambert, 2014)

DEVELOPMENT OF SPIRITUAL VALUES BETWEEN CHILD AND PARENTS

First of all, when we grow spiritually, our perception changes and the way we see the world and around us also changes. As a result, we will become optimistic in life, and it helps us become calmer and more peaceful. This can help us deal with this challenging world and our negativities.

Train Spiritual growth in your child from a young age

Development is crucial for children and parents to build a healthy household. Parents should start helping their children to develop spiritual growth in themselves from a young age. With this, they can adapt to the cruel world in the future. First of all, parents should be involved in children's activities. They can enrich the relationship by properly connecting with them. For example, teach and always play with them. Besides that, they should emphasize the importance of family time to their children. Nowadays, most children do not know the value of family time. Most of them would spend their time alone playing games or wasting time on unnecessary activities. The impact is that it would not be easy for them to develop spiritual growth as they do not socialize with others. (Tasha, 2019)

Let your child trust you

Children should feel that their parents are trust-worthy of talking about anything to them. This way, they can express what they feel, both happy and sad. Without this, developing spiritual growth would be hard for them since they swallow and keep all their feelings. To get trust from your children, parents should practice listening to their children without distraction. Parents are always busy with their work, but they should take the initiative to listen to their children so they know that the parents care about them. Also, if they talk about a problem, parents should help by offering some advice. (Tasha, 2019)

Let your child make a decision:

Let your child make their own decision. It is common for parents to decide, but it is also important for children to decide by themselves to use it in the future when they cannot rely on anyone's decision. Parents can decide, but they should ask the children's opinions on the decision that has been made. With this, they can voice out their opinion too. Parents can help their children develop a good decision-making practice by reviewing house rules and discipline and increasing privileges as they get older. When they know they have parents' support, they are stronger mentally and can make a good and proper decision.

Encourage your children

Parents should inspire their children to take on challenges and be independent. Being a supporter and cheering for them when they take on challenges can help them build confidence and spiritual growth. Parents should push them to develop greater self-efficacy overtime to find and understand what independence is, for example, by letting them do their laundry and clean their room or toilet. Being independent can help them stand up for themselves, especially bullies, and speak up to a teacher who gave an unfair grade. (Tasha, 2019)

Prevention of the wrong manner

These are some of the preventions that can be done for both children and parents to develop a moral personality to train the children's brains for a meaningful life, happiness, and success. First, parents should prepare their children to not victimize in a situation from an early age. They should not treat their children like victims or exaggerate when they face hardship or misfortune. As rejection, failure, and unfairness are part of learning in life, parents should encourage them to turn their struggles into strength. Other than that, parents can help them identify positive action despite their circumstances in a situation. (Tasha, 2019)

Let your child know your real position:

Parents should not treat their children like they are the centre of the Universe. Some parents are so devoted to their children that they sometimes treat them like the king. Kids who act like they are the centre of the Universe tend to grow up to be self-absorbed. Children should be taught to focus on what they offer to the world rather than what they are owed. Par-

ents should also try to help them avoid fear overtaking their choice decision-making. Keeping them safe is important but, parents should view themselves as guides, not protectors. (Morin, 2017)

Keep Your Promise:

When you promise to children, you must show them concrete. If not, it can lead to unhealthy parenting strategies. When you promise to do something for your children, you do it as a promise; otherwise, they will feel discomfort and lose their trust in you. For example, giving in to your child after saying no to them. Although guilt is uncomfortable, mentally strong parents should not consider it tolerable. Otherwise, your children can be spoiled that their mistake is always forgiven, so they do not take things seriously. (Morin, 2017)

Know your children's weaknesses

Moreover, parents should not expect their children to be perfect. Expecting too much from them might cause pressure and depression as they could not achieve their parent's high expectations. The solution is that rather than push their kids to be the best out of other people, they should help them become the best version of themselves without comparing them with others. Besides, children should not be left alone when they try to avoid taking responsibility. For example, parents should not say that they do not want to burden their children with chores. As a family, everyone should help each other. Hence, parents should take the initiative to teach their kids to take responsibility for any age-appropriate situation. Moreover, they can also let them take responsibility for the choices that they have made by themselves. (Morin, 2017)

Let your child gain experience settling the challenge and emotion

Furthermore, parents should not shield and feel responsible for their children's emotions. Even though it is tough for parents to watch their kids struggle with negative feelings, kids need the practice to experience and tolerate discomfort. Similarly, when parents regulate and feel responsible for their children's emotions, they can prevent them from gaining social and emotional skills. On the other side, parents should provide support and help them cope with the pain to gain confidence and not depend on others when they are going through a hardship. This way, they can overcome whatever obstacle that comes through their life. (Morin, 2017)

Know Punishment and Discipline

Fathers or mothers should not confuse their children between discipline and punishment. Punishment is an act to make the kids suffer because of their wrongdoing. On the contra, discipline is an act to teach the children how to be better in the future.

A COMPARISON OF ISLAMIC AND WESTERN SPIRITUAL DEVELOPMENT

Spiritual development refers to the increased depth of awareness, connection to the transcendent, and ultimate search. Spiritual development is practised since our parents taught us manners when we were children. It would grow up healthily if we practised it every single day. We are physically and mentally healthy when our mood, attitudes and emotions are good, indicating our values increasing our morality and ethical values. Our Prophet said: "I was sent to perfect good character." Therefore, developing good character in oneself is the foundation of evolving spirituality. (Hwang, 2015)

Lack of Values in Western culture:

In today's world, the west is a scientifically developed and technologically advanced civilization. They are well known for their new concepts of liberal ideologies practising secularism, materialism and capitalism. They are influenced by extreme freedom of thought, excluding religious belief, theological doctrine, God's existence, and metaphysical perspectives. They only believe when things are observable, practicable, experimental. Therefore, they are very much advanced in science and technology, but they are far behind the humanistic capability and spiritual aptness regarding humanity, humility, and values. Thus, liberal ideologies related to living together between opposite genders without marriage, divorce, living with same genders, sex before marriage, lesbianism, homosexuality, bisexuals are morsel matters where Islam take these seriously and give a severe punishment for those who commit such a sin. Spirituality will not bloom in such a dishonourable land, where inhumanity and characteristic toxic attitudes are the order of the day. (Al-Mughīrah, 2019)

Adult Culture influences the children:

After practising spiritual development through religion, children are influenced by their parent's religious beliefs and practices. Children learn mostly from their parents' actions, not only their words. They become out of the social context accepted by every cultured people such as valuing and respectful to individual, role and responsibility of man and women according to their gender, Family values, societal responsibility. When the elder accepts nonsense ideas, the children follow them, resulting in a society where every dishonourable act such as broken family, drug abuse, bullying, criminal activities, child sex abuse, and prostitution becomes rampant. (Al-Mughīrah, 2019)

Frail Conviction in God:

Conviction is putting a strong trust and belief in God that Allah creates everything, and he is the one who manages every affair of our Universe. Their weak belief is that God is seen as powerful and active in the world while humans react to God. Secondly, God is still all-powerful and still punishes or rewards people but can be influenced by humans' good deeds. Third, when God is seen as having little presence in the world, humans are responsible for their own lives. Fourthly, he views life as a divine plan which will ultimately result in good. Lastly, people have always been in a relationship with God, but religion is a process rather than a security concept. These ideas and indoctrination will form the wrong conception in their children's mindset where they believe men and their efforts are more important to handle humanity, and the action is God is lack. They come to think God has only existed, and his role is to accept him as God. (Al-Mughīrah, 2019)

Conviction in Islam:

Muslims have a concrete trust and belief in Allah, who is the creator of the Universe and humanity; he is the one who manages every affair of the Universe and for a single people living on earth. They believe that they are from him and they will have to go back to him at the end, that they ask to form him day and night.

"O' Lord! give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire". (Surah Al Baqara, 2:201)

When elders of Islam have such a strong conviction and act at home seriously the pillars of Islam and the values, children follow them to copy and become good followers of Islam.

Grow Your child as a Khalifah:

In Islam, children are assumed to be a blessing and a trust from Allah for a family, so why not build an Islamic environment at home. Parents should not argue in front of the kids because nothing is more traumatizing to a child than watching his parents fighting. Instead, parents should be positive energy for them, teach them about the One true God (Allah) and the sunnah of our beloved Prophet PHUB, the Prophets' last and seal. Parents should behave the way The Prophet (saw) performed before his family and society. Your children will follow you the way Ummah follow the Prophet; it is a perfect way to make our children Khalifa in the land. (Sunan Ibn Majah, 1334)

Little Khalifa and Spiritual Development:

As Muslims, we must gradually and slowly teach our children basic Islam with love and care. Children learn first from their parents; when they treat them nicely and affectionately, they are very happy to keep what they see with their eyes and deeply understand the knowledge and message in their memory. The most important thing for them is learning the behaviours and actions with morale and principles of ethical values. When parents are soft, lenient, honest and trustful, never tell a lie, cheat, and break promises, the children will follow suit. Their spiritual power amazingly grows, and they are found to be trustful and candid in their attitude, and they are the good future leader of society.

Be a good Muslim:

It is significant for parents to build their children as good Muslims who surrender before Allah SWT without any condition and are responsible for all the requirements needed to be fulfilled by Muslims. They never delay fulfilling the five pillars of Islam and keeping in mind and heart the six pillars of Iman perfectly. In terms of Shariah, they are always loyal to Allah's conviction in the first place in their lives and dutiful to their Ibadah,

including satisfying the rights of others, and they are very kind and punctual in performing social and ethical values, which is the foundation of the successful society. (Al-Mulhim, 2021)

CONCLUSION

Human is a spiritual being and has the potential to embrace their spirituality fully. However, beginning a spiritual path is a choice, like everything in life. In life, the human is presented with several choices leading to new stages of development. Spiritual development is really important to us because it brings a positive charge to building a healthy family. There are five ways to grow spiritually that will benefit ourselves and our parents: To develop a personal practice, people have to develop their personality directly related to their attachment and evaluation. We can do meditation, travel, work on art, and engage our creativity. Engaging with faith is about worship between Allah and people; we must do religious service activities, pray to Allah, and read and understand the Holy Quran's meaning. To initiate good works, we must do good work to strengthen our spiritual development, such as charity, volunteering, and empathy for others. It is the parent's responsibility to develop spirituality in their children at an early age. Show good examples to them by providing an attitude of trust, spending their time with them, and planting seeds of wisdom. Parents must support their children with discipline and love to build a healthy family. Besides, we must pay attention to them for a loving and supportive family. Specifically, parents need to be aware of their children and the lives they lead, including the ability of children to distinguish between good and bad and maintain their identity in their space and time.

One should live with integrity; we are held accountable for our deeds, so we should be aware of our interaction with humans, worship, and take good care of the tasks others give us. Since building integrity is human ethical conduct, people would find themselves intentionally or not intentionally practising the Islamic way of living.

Lastly, developing spiritual growth is crucial in the life of every human as it is the core of man's existence. This development is basically for humans to have self-awareness, reflect on their behaviours, have a sense of identity, and have good relationships. It is also for building co-operation and empathy and forming a long-term moral value. Therefore, parents should take the consciousness to help their children build it from a young age by

undertaking activities and often communicating with them to build them. (Khalifah Didik. 2022).

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